

Cumbria's

Youth

Dance

Companies



These are all open access youth dance groups (ie, not auditioned, you just turn up) for young people aged 11-18 years. They are a great way to learn new dance styles, have a go at choreographing your own dance and make new friends. Why not come and try the session nearest you?

Eden Youth Dance Company – every Monday, 6.00-7.30pm @ The Play Station, **Penrith**, £4.00. *Contact Alison Horn on 07765 917855.*

DARE Youth Dance Company – every Monday and Friday, 6.00-8.00pm @ DARE Studio, Abbey Road, **Barrow**, £3.00. *Contact Amanda Mortlock on 01229 833228.*

Brewery Boyz Moves (11-16 years) – every Monday, 6.15-7.15pm @ Brewery Arts Centre, **Kendal**, £4.50. *Contact Helen Moffitt on 01539 725133.*

Brewery Youth Dance Company (11-14 years) – every Tuesday, 5.00-6.30pm & Saturday 12.45-2.15pm @ Brewery Arts Centre, **Kendal**, £4.50. *Contact Helen Moffitt on 01539 725133.*

Brewery Youth Dance Company (15+ years) – every Tuesday 6.30-8.00pm & Friday 5.15-6.45pm @ Brewery Arts Centre, **Kendal**, £4.50. *Contact Helen Moffitt on 01539 725133.*

Keswick Youth Dance Company – every Wednesday 5.00pm-6.00pm @ The Rawnsley Centre, **Keswick**, £3.00. *Contact Rachel Falcon on 07935 112924.*

Carlisle Youth Dance Company – every Wednesday 6.00pm-7.30pm @ Richard Rose Central Academy (Edge Hill Road), **Carlisle**, £4.00. *Contact Alison Horn on 07765 917855.*

Cockermouth Youth Dance Company – every Thursday 7.00pm-8.30pm @ Cockermouth School, **Cockermouth**, £4.00. *Contact Emma Strong on 07879 621153.*

Part of the  programme

For more information contact **Lynn Barnes** on **07584 251352**
or email dancecumbria@cumbria.gov.uk or visit www.activecumbria.org/dance